



Celebrating a Successful Year

I was very privileged to have helped so many wonderful animals this year. Here are just a few of their stories.



Blue a 13-year-old collie just passed his annual well-check with flying colors. I have heard that his vet may even think he is in better shape than he was a year ago at this time. Blue is unfortunately still unable to get up on his own, but has maintained his mobility once he is helped onto his feet. He often wins the race to the "snackies."

Albie a 13-year-old greyhound enjoys his massages unless it is on or around full moon. Massage also means he can get some time away from his rambunctious new brother Dozer. In addition to regular massage, his owners make sure that he goes for walks daily; both of which, are helping to keep him in tip-top shape.

Wilbur (left) has had two malformed hind legs since birth. Massage is helping to improve the muscle tone in his hind end, while relaxing his front end that is overworked while compensating for his structural weaknesses. I am Wilby's favorite person in the whole world, and that makes me feel pretty special! For you facebookers out there, check out Wilbur's fan club at <https://www.facebook.com/CollieRescueInc>

Abe's owners treated him to several massages as he adjusted to a new baby in the home. Abe enjoyed the special attention that he received during his massage appointments. He also quickly grew to love his new little baby brother, Justin.

Bella may be the most spoiled horse in the world. She loves massages and even leans into me for more pressure when I am hitting her favorite spots. She plans to star in a short film later this year that will be available on my website (Please check back often, as content is always being updated and added). Bella used to receive chiropractic treatments, but has decided that deep-tissue massage is definitely her preference!

I have also spent every free moment over the past year studying and earned several certifications.

- ☉ **Certified Canine Massage Therapist (CCMT)**
- ☉ **Certified Equine Massage Therapist (CEMT)**
- ☉ **Introduction to Traditional Chinese Medicine**

I am currently working towards my certifications in Aromatherapy for Horses and Acupressure for Horses and will be offering these services by this fall.

This year, I was also featured in an article by Maren Morgan, a writer for Hub Pages. This article focuses on canine massage. <http://maren-morgan-m-t.hubpages.com/hub/Canine-Massage-Therapy-Exists>

Thank you to everyone who made this year a huge success!

Out and About

Summer is already shaping up to be quite busy. Below are three events where I'll be available to discuss massage with horse and dog owners. I hope you can come out to one of these events. All events are open to the public.

Buddy Rescue Pet Adoption Day and Family Picnic **June 23rd from 11:00 to 4:00 at the Oley Fairgrounds**

The Buddy Rescue is a non-profit that is committed to the fostering and placement of animals that would not be likely to get adopted through the traditional adoption/kennel system. The picnic will include food, vendors, raffles, music, and activities for kids and pets. For more information visit www.buddyrescue.org

Jammin' For the Animals IV **July 27th - 29th at Blue Falls Grove**

This family friendly music and arts festival is held in honor of the late Bobby Jones and benefits the Humane Society of Berks County. Pets are welcome. Featuring 12 live bands. Advance tickets are \$45 (or \$60 at the gate) and includes camping at the grove. I will be offering free 10 minute massages at this event. For more info visit www.jamminfortheanimals.com

Angel Day Spiritual Holistic Faire **August 4th & 5th at the Leesport Farmers Market Banquet Hall**

Angel Day is an uplifting event focused on all things natural. The event will include reiki, massage and bodywork, flower essences, sound healing, nutritious food and more. Lectures are scheduled throughout the day. Admission is \$5, but your donation of dog or cat food reduces it to \$4.

Lavender (Lavandula officinalis)

Lavender is one of the safest essential oils to use. Many people know that lavender has the ability to "relax" the frazzled mind. Unfortunately, many people mistakenly use synthetic lavender found in mass-produced home fragrances such as plug ins and aerosol sprays. Find a 100% pure lavender essential oil at an herbal or health food store and begin exploring all of the ways this versatile essential oil can be used.

- ☉ Soak a sachet with a few drops of oil and place it on your nightstand to improve sleep
- ☉ Use a small dab of oil on each of your temples to relax a tension headache
- ☉ Use the oil directly on minor cuts or bug bites to speed the healing process



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- ☉ Forward this e newsletter to 3 of your friends who may be interested in canine or equine massage. (Email addresses will be safe!)
- ☉ Send only to pet-owners in the Southeast PA area. Please be honest!
- ☉ Enter my email address (jdelongmassagetherapy@gmail.com) in the **BCC line**, and you'll be automatically entered to win!
- ☉ Emails must be sent by 06/30/12. Drawing to occur 07/01/12. Winner will be notified by email.

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